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New Book Information

The Alternative Kitchen Garden An A-Z

By Emma Cooper

“An indispensable compendium for a new generation of eco-conscious kitchen gardeners.” Elspeth Thompson, *The Sunday Telegraph* gardening columnist

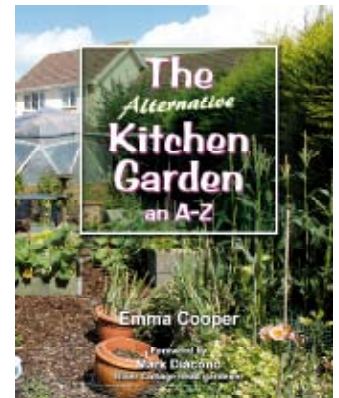
The *Alternative Kitchen Garden* is an evolving idea of what a kitchen garden could be in the twenty first century – organic, environmentally sustainable, resilient and about localising at least some of our food production. Its also a place not only for learning and practising growing skills but for enjoying ourselves and having fun. Both an ideal companion for anyone getting dirt under their fingernails for the first time and full fascinating ideas and experiments for the adventurous gardener.

A self confessed ‘cyber geek’, Emma began to document the transformation of her ‘ropey old lawn with potholes and brambles’ into a fertile and abundant permaculture plot via internet radio and a popular blog site. Eight years on her postings and stories have been collected in here, illustrated with beautiful colour photographs and arranged into easily accessible alphabetical order. Covering subjects as diverse as growing achocha (a lost Inca crop) to zucchinis Emma’s style is light and friendly yet at the same time informative and based on personal experience – you feel you could actually be sitting in the garden chatting face to face as she shares her knowledge and experience, especially when she veers off into non directly garden related tangents such as osteopathy and freecycling. A concise and valuable practical guide, and a lovely read that you can also dip in and out of.

“Emma Cooper is an unstoppable force, one of life’s positive people, and *The Alternative Kitchen Garden* sets out her inspiring personal vision of how to grow your own.” Emma Townshend, *The Independent on Sunday* gardening columnist

Key Sales Points:

- ▶ The author is a blogger and twitterer. Her broadcasts have both a cult and a main-stream following. This vibrant, original book is set to attract heaps of attention.
- ▶ The A-Z format makes this an easy book to navigate and read.
- ▶ A fun, different book for novices and experienced gardeners alike.
- ▶ Early reviews by the broadsheet garden writers are all very positive.



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What the Press are saying about The Alternative Kitchen Garden An A-Z

The Alternative Kitchen Garden is an indispensable compendium for a new generation of eco-conscious kitchen gardeners. Elspeth Thompson, *The Sunday Telegraph* gardening columnist

The Alternative Kitchen Garden is an ideal companion for anyone getting dirt under their fingernails for the first time. Tracey Smith author of *The Book of Rubbish Ideas*

Emma Cooper is an unstoppable force, one of life's positive people, and *The Alternative Kitchen Garden* sets out her inspiring personal vision of how to grow your own. Emma Townshend, *Independent on Sunday* gardening columnist

Hallelujah – a kitchen garden handbook for the genuine newbie. Instead of dry facts and statistics, here you have a description of the life and soul of a garden. Corrina Gordon-Barnes, award-winning writer of *The World Needs Your Passion*

The Alternative Kitchen Garden is not just an A-Z, it is an inspirational tour of an edible garden that can be recreated in the smallest of backyards. An essential guide for a new generation of gardeners who are keen to join the kitchen garden revolution. Karen Cannard author of *The Rubbish Diet*

A delightful book, informative and entertaining ... a valuable addition to any gardener's collection. *The Alternative Kitchen Garden* conveys Emma's infectious enthusiasm for the whole business of cultivating your own fruit and veg. Richard Barnett, *Ethical Junction*

The Alternative Kitchen Garden is an A-Z of enthusiasm, ideas and experiments, where Freecycling, Osteopathy and Zero Waste cheerfully rub shoulders with Peas and Strawberries. A book, which has relevance for anyone growing their own in the 21st century, irrespective of whether they're a beginner or have some experience. www.vegplotting.blogspot.com

Emma has transformed her 'ropey old lawn' into a bountiful kitchen garden with a huge variety of fruit and veg. *The Alternative Kitchen Garden* documents that transformation with information and tips on how to grow all kinds of fruit and veg in the modern kitchen garden. <http://citybumpkin.wordpress.com>

A dual purpose book – a concise and valuable practical guide, but at the same time a lovely little read for the deck chair or hammock! Graham Burnett, permaculture teacher and author

Read an interview with Emma at: <http://ryans-garden.blogspot.com/2009/08/interview-with-emma-cooper-author-of.html>



About The Author:

Author, blogger and host of a regular online radio show which draws an audience from all over the world, Emma is inspirational and funny as well as being a mine of information who connects with many types of people and online communities.